

FOXP1 Resource Kit for Conference June 2023

Financial Planning / Legal {Guardianship}

<https://www.autismspeaks.org/sites/default/files/2018-08/Financial%20Planning%20Tool%20Kit.pdf>

Mapping out your child's financial future can seem daunting but having a plan can help ease your fears. This tool kit will provide you with essential information and guidance to develop a plan. The information included comes from top experts in the field. We have also included some personal stories from other parents or caregivers like you.

Topics include:

- Accessing Funding Through State and Federal Programs
- Special Needs Trusts
- Financial Products & Instruments Used in Planning
- ABLE Accounts: A Savings Tool for Individuals with Disabilities
- Guardianship and Conservatorship
- Finding the Right Professional
- The Basics of Budgeting: A Step in the Right Direction
- Financial Assistance

<https://www.exceptionallives.org/> (many states) Exceptional Lives is a personalized disability information platform for families, caregivers, and professionals. Special Education Services, Transition to Adulthood, Health Insurance, SSI Benefits, Employment, Guardianship and Decision Making Options.

<https://www.fidelity.com/able/attainable/overview> (National) An Achieving a Better Life Experience (ABLE) account is a tax-advantaged savings account to which contributions can be made to meet the qualified disability expenses of the owner, or designated beneficiary. Eligibility for many of these public benefits (SSI, SNAP, Medicaid) require meeting a means or resource test that limits eligibility to individuals to report more than \$2,000 in cash savings, retirement funds and other items of significant value. To remain eligible for these public benefits, often an individual must remain poor. The ABLE Act recognizes the extra and significant costs of living with a disability and provides a savings tool.

<https://www.specialneedsplanning.com/> (New England Area) Special needs planning for your child. Maximizing personal resources and leveraging government benefits to provide the best possible life for your child. Download letter of intent sample (A personal history and future planning document).

Center for Law and Education (National) Additional Language: Spanish

7011 8th Street N. Washington DC 20012 Phone: 202-986-3000 pweckstein@cleweb.org

Academy of Special Needs Planners (National)

National Organization of attorneys dedicated to planning for people with special needs; provides information and support through website and written materials. Phone 866-296-5509 email:

info@specialneedsanswers.com <https://specialneedsanswers.com/>

<https://www.wrightslaw.com/info/future.plan.index.htm>

If you are the parent of a child with special needs, you need to educate yourself about the many options available. *It is never too early to start planning for your child's future.*

How can you ensure that your child receives appropriate therapies and medical treatments? How can you present the nature of your child's disabilities and needs to those who may care for them without "scaring" them away? How can you find appropriate caregivers who will carry out your wishes AND respect your child's goals, dreams and life expectations? What do you need to know about living arrangements, wills, trusts, guardianship and estate planning? Special Needs: Planning for the Future includes articles, books, and free resources that will help in your special needs future planning journey.

<https://futureplanning.thearc.org/pages/learn/future-planning-101>

A future plan is a guide for people with intellectual and developmental disabilities (IDD) to lead a good life as independently as possible. It can also help people with IDD reach their goals and dreams. A future plan is important for all families, especially when a parent or caregiver is no longer able to support a person with IDD. [Thinking about the future](#) can be hard, but planning is possible and necessary. The Arc's Center for Future Planning® has resources to help people with IDD and their families create future plans. Topics include: **The Arc** was established in 1950 from a grassroots movement of families working to create services for their children and adults with an intellectual disability. The Arc is the oldest and largest advocacy organization that promotes the human rights of people with intellectual and/or developmental disabilities (I/DD) and supports their full inclusion in the community.

Special Education Law/ Federal Laws

<https://www.wrightslaw.com/> (Federal Laws) Parents, advocates, teachers, and attorneys come to Wrightslaw for reliable, up-to-date information about special education law and advocacy for children with disabilities.

<https://sites.ed.gov/idea/about-idea/>

Information on the Individuals with Disabilities Education Act

<https://www2.ed.gov/policy/landing.jhtml?src=prn>

Legislation, regulations, guidance, and other policy documents can be found here for the Every Student Succeeds Act (ESSA), and other topics.

<https://www2.ed.gov/about/offices/list/ocr/publications.html>

Office for Civil Rights library.

Council of Parent Attorneys and Advocates (Nationwide)

Non-profit, independent organization. Mission is to secure high quality educational services for children with disabilities.

P.O.Box 6767, Towson, MD 21285 phone: 410-372-0208, 844-426-7224 www.copaa.org

<https://www.understood.org/en/articles/understanding-individualized-education-programs>

Information on IEPs and the IEP process.

<https://www.ecfr.gov/current/title-34/subtitle-B/chapter-III/part-300>

Assistance to States for the Education of Children with Disabilities